Middle School Years

Principal
Ms. Richa Sharma Agnihotri
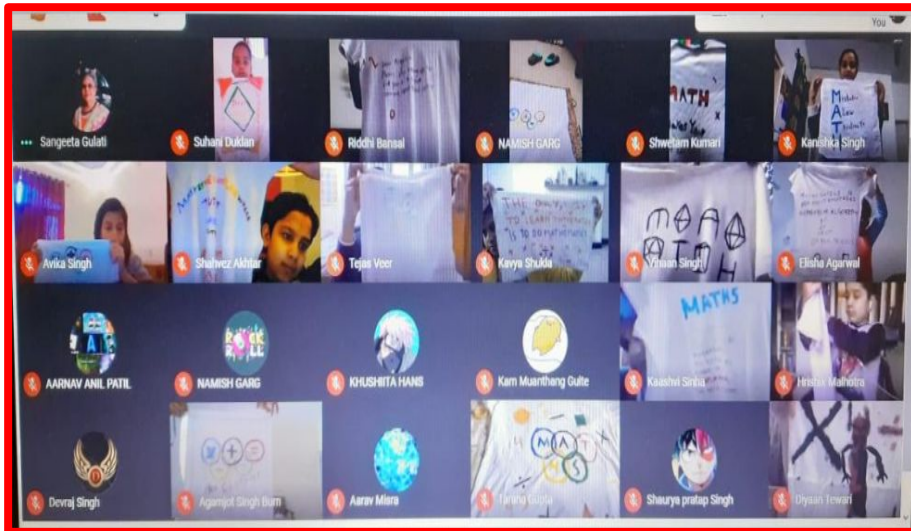
Vice-Principal
Ms. Poorni Rajesh

EDUCATION IS NOT THE FILLING OF A PAIL BUT THE LIGHTING OF A FIRE.

William Butler Yeats

Virtual Learning: A Challenge Accepted!

The pandemic has not dampened the spirit of Team Sanskriti to work all out to achieve our vision statement:

"To create happy, thinking & feeling Sanskritians who will be changemakers."

Transition from Junior School

to

Middle School

Hope
&
Courage

Glimpse of Virtual Learning

Dream Team: Middle School

Ms. Abha Malik
Middle School Incharge

Ms. Nayandeep Kaur
Counsellor

Ms. Kavita Verma
Academic Coordinator

Special educators:

Ms. Rashmi Dhawan

Ms. Prachi Sharma

Ms. Kavita Oza Bharti

Ms. Shikha Chopra

Ms. Shashi Singh

Ms. Charlotte Thomas

Dream Team: Middle School

Grade Representatives

Ms. Anjali Tulsiani
Grade 6 Rep

Ms. Swati Shukla
Grade 7 Rep

Ms. Geeta Mudhar
Grade 8 Rep

Dream Team: Middle School

Grade 6 Class Teachers

Ms. Japneet Kaur
VI-A

Ms. Mona Singh
VI-B

Ms. Ayesha Ahmed
VI-C

Ms. Neelima Gupta
VI-D

Ms. Swati Mathur
VI-E

Ms. Puja Sharma
VI-F

Ms. Sonali Sharma
VI-G

Middle School In Charge
Ms. Abha Malik

Well Planned Online Day Schedule

CTIP+HPE	7:30-7:50
Slot I	8:00-8:45
Slot II	8:55-9:40
Slot III	9:50-10:35
BREAK	10:35-10:55
Slot IV	10:55-11:40
Slot V	11:50-12:35
Slot VI	12:45-1:25

CTIP + HPE
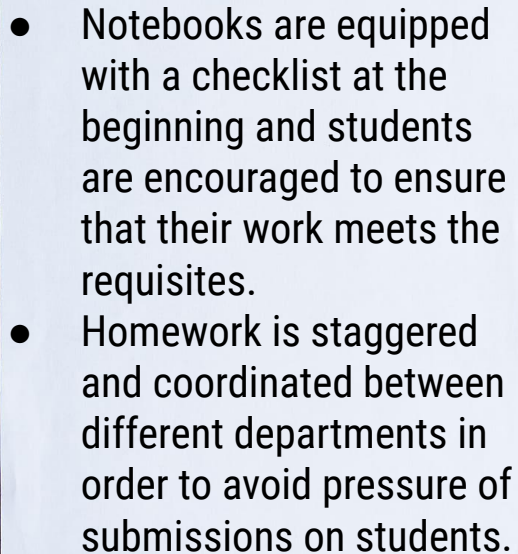
Three academic periods per day.

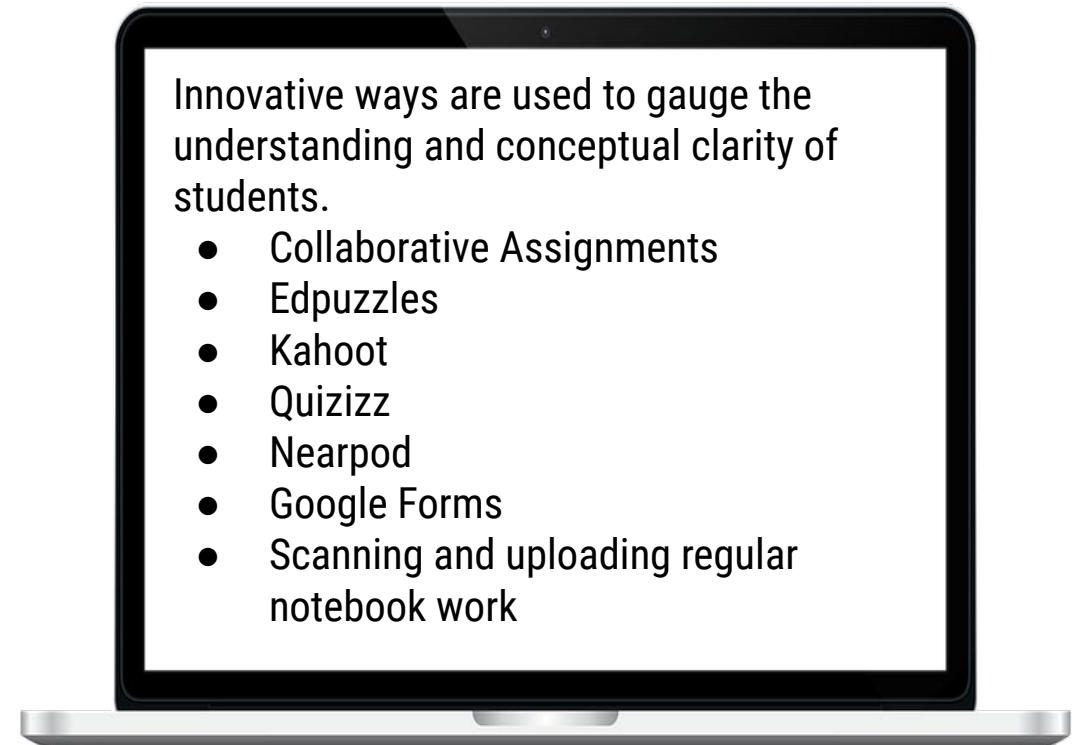**Three activity periods per week.**

One IT period per week.

Two free slots everyday.

Work Submission

Regular School

- Notebooks are equipped with a checklist at the beginning and students are encouraged to ensure that their work meets the requisites.
- Homework is staggered and coordinated between different departments in order to avoid pressure of submissions on students.

Virtual School

Innovative ways are used to gauge the understanding and conceptual clarity of students.

- Collaborative Assignments
- Edpuzzles
- Kahoot
- Quizizz
- Nearpod
- Google Forms
- Scanning and uploading regular notebook work

Points to be flagged

- Summer break started yesterday 23rd April, 2021 and we join back on the 7th of June.
- We have a summer camp coming up. The information for which is in the Google Classroom. Please take an informed decision. Two options can be selected.
- First Round of Unit Test will be as per the schedule. Any change will be updated in the classroom
- Term I Exams for middle School to begin from 10th Sep, 2021.
- Open House on 21st Aug, 2021.

Some more Important Dates-non scholastic days 2021

- International Dance Day-
- Yoga Day-21 June
- MUN /CLUB DAY/ Assembly
- School Birthday/Cultural Fest-
- Teachers day/Annual day/ Science maths literary days

Please look at the School Calendar on the Website or in the School Almanac for other important dates.

Dos and Don'ts of Online Classes

☑ It is compulsory for children to wear their **school uniform** to attend online classes

☑ Keep the camera switched on at all times during the classes.

☑ Be an Active Listener and do not write any irrelevant comments in the chat to distract the class.

Attendance and Submissions

- Please ensure that your child attends online classes regularly. There is no substitute to classroom teaching.
- Attending CTIP at 7:30 am is a must as during that time lot of information is given to the children about various activities and events happening in the school.
- Keep a regular check on your ward's work and encourage them to make submissions on time.
- Please ensure that all work is submitted and on time. Internal assessment is an important part of overall graded performance of your child.
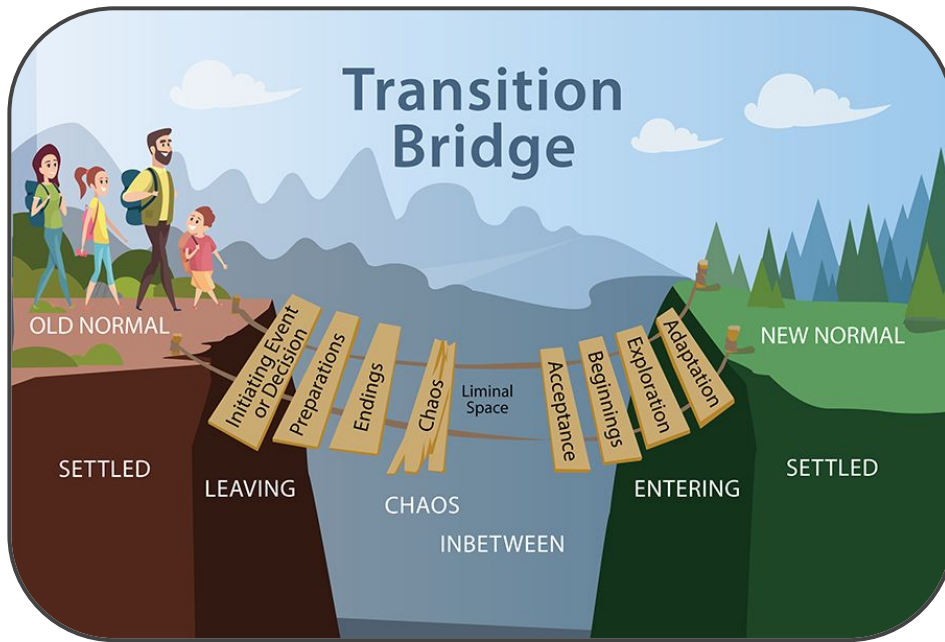
Attendance- on account of leave

- Leave during an Exam/UT due to a medical reason to be followed up by a Medical Certificate from a registered medical practitioner (to be considered for a medical leave). Please discourage a child from writing an exam if he/ she is unwell.
- Leave taken due to any other reason should be informed to the class teacher before availing it.
- If the child is taking part in any inter school competition or representing school on state or National level then the child will be granted permission and will be counted as permitted leave.

Academics - Building a set routine

Children benefit tremendously when you help them bridge their two most important worlds-

- Regular check on website/classroom and notebooks.
- Complete home tasks on time.
- Revise the concepts done in online sessions on daily basis.

Transition Bridge

OLD NORMAL · SETTLED · LEAVING · Initiating Event or Decision · Preparations · Endings · Chaos · Liminal Space · Acceptance · Beginnings · Exploration · Adaptation · CHAOS · INBETWEEN · ENTERING · SETTLED · NEW NORMAL

An attempt towards onward learning process...

The buildings and teachers may change
but
the process of learning continues...

Transition

The journey from Junior school to Middle school, from known to unknown can be stressful and unnerving for many students. The Transition Module is designed to take that fear away and boost their confidence to take on the new challenge with aplomb.

The activities thoughtfully accommodate elements of continuity and change for our students.

The Module strives to act as a bridge between the Junior school and the Middle school.

It's primary aim is to fill in for any learning gaps that could hamper all round development.

Interdisciplinary approach and in depth study are the hallmarks of the module.

Multiple intelligences of the students are tapped to the optimum with a variety of activities.

Assessment Grade 6

Project Based Learning

- In keeping with the New Educational Policy, 2020, we have introduced Project Based Learning for students of Grade 6.
- They shall be working on subject-specific projects in lieu of their Term End Examinations.
- The purpose of Project Based Learning is to promote holistic learning and to enhance a variety of skills sets, especially collaborative learning, research and communication skills.

Assessment Grade 6

- **Final examination will be conducted and will be the qualifying exam for promotion to Grade 7.**

- **Please note that the exams would require the children to scan, make a PDF and upload the answer scripts on the Google Classroom.**

- **Syllabus, mark distribution, blueprint and all details about the term-end examination will be uploaded on the website by the first week of February.**

Assessment Grade 6

Internal Assessment

- Projects for each subject
- Subject specific enrichment activity
- Regularity of work submission
- Participation in class discussions
- Portfolio for some subjects
- ASL-English, Hindi & Language
- Science Experiments

Unit Tests and Term Exam

- Two sets of Unit test
- Term 1 exams/PBL
- Term 2 exams
- Instructions for the exams will be shared in Google classroom and on the school's website for students.
- Student-friendly format of multiple-choice questions, administered through Google forms and docs.
- Practice tests will be conducted before unit tests.

Assessment Grade 6

Internal Assessment

- Projects for each subject
- Subject specific enrichment activity
- Regularity of work submission
- Participation in class discussions
- Portfolio for some subjects
- ASL-English, Hindi & Language
- Science Experiments

is what

Subject specific enrichment activity- listening skills, map work maths projects,

Portfolio for some subject- life long… what has been done by the child over the year...
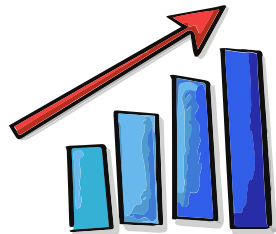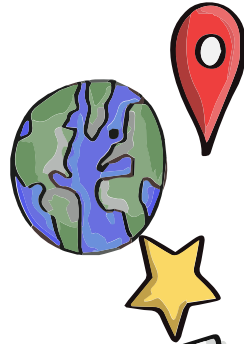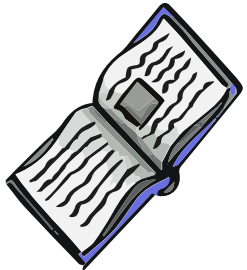
PA- VA OPTIONS IN MIDDLE SCHOOL

ART
CHESS
Design thinking
MUSIC
THEATRE
WE SEND A MAIL EACH YEAR TO ASK YOU ABOUT YOUR WARDS PREFERENCE

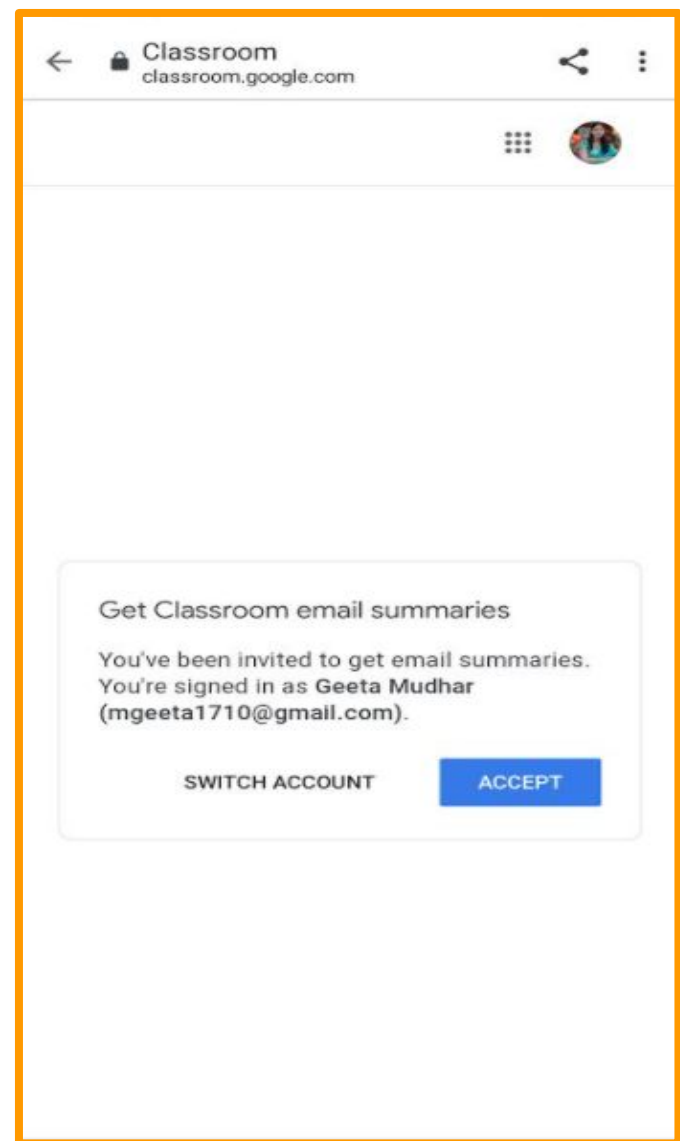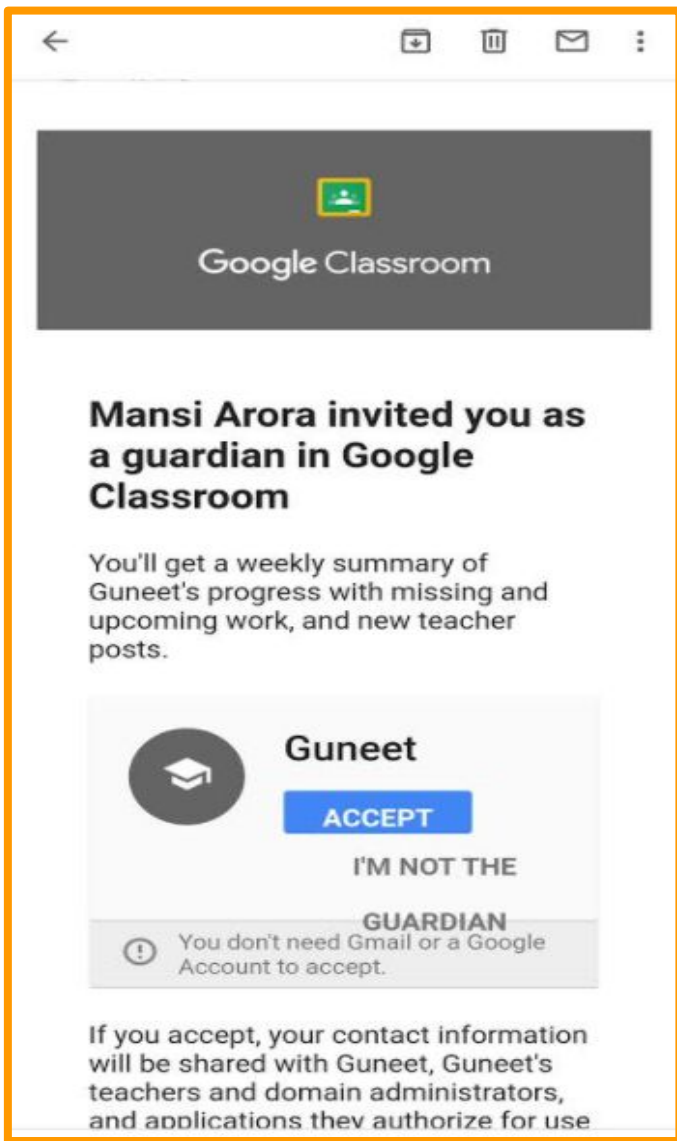Visit all subjects' Google Classrooms everyday as Instructions will be posted regularly.

Google Classroom

Google Classroom is a Google for Education (web and mobile) app that lets students join classes, see subject resources, attempt assignments, connect with classmates, send private comments to teachers and see everything in one place.

- Sanskriti School is a proud user of Google Workspace for Education Fundamentals.
- Each student has been given a unique School email id and they can access Google Classroom through the same: (admissionnumber@sanskritischool.edu.in)
- **All kinds of communications will be done through Google Classroom, so students are required to check it on regular basis.**

Guardians Summaries

- Guardians can get an email summary of their student's work. If you are not receiving as yet then give your email id to the class teacher.
- Guardian email summaries include:
  Missing work—Work that's late at the time the email was sent
  Upcoming work—Work that's due today and tomorrow (for daily emails) or work that's due in the upcoming week (for weekly emails)
  Class activity—Announcements, assignments, and questions recently posted by teacher
- Guardians **can't sign in to Classroom** directly.
- You will receive email summaries by **accepting the invite** from the teacher.
  - *You can choose the frequency of the emails, such as daily or weekly.*
  - *You can unsubscribe or remove yourself from Classroom at any time.*
- Ensure that the **details submitted** by you (Parent) on school website are complete and updated.

Email settings
classroom.google.com

Email settings

Google Classroom email summaries

Email summaries are sent to mgeeta1710@gmail.com. Learn more

Frequency

How often would you like to receive an email summary of your student's activity?

Guneet Kaur
7807@sanskritischool.edu.in

Weekly

Timezone

Daily summaries are sent each afternoon, and weekly summaries are sent on Friday afternoons.

(GMT+05:30) India Standard Time

Email settings
classroom.google.com

Email settings

Google Classroom email summaries

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Frequency

How often would you like to receive an email summary of your student's activity?

Guneet Kaur
7807@sanskritischool.edu.in

Weekly

Daily

No summaries

Time

Daily s... ...rnoon, and weekly summ... ...noons.

(GMT+05:30) India Standard Time

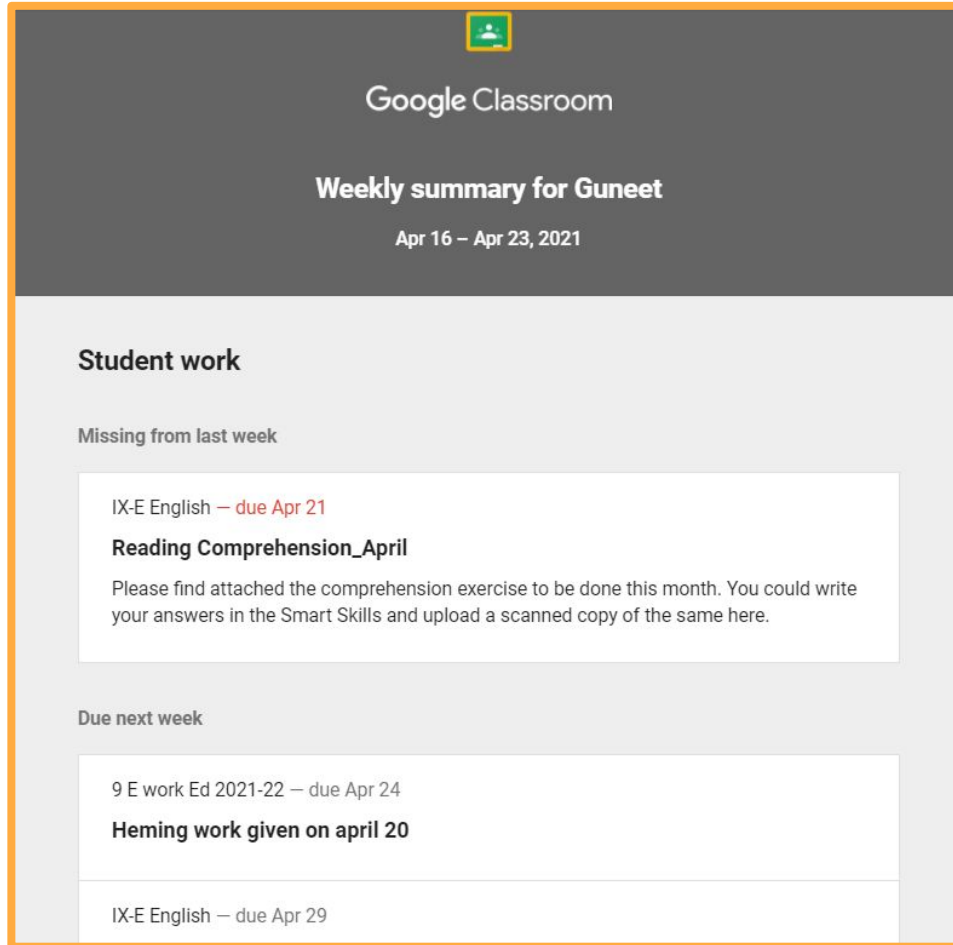## Hi Guneet,

Mansi Arora added a guardian to your account.

Geeta Mudhar
mgeeta1710@gmail.com

They will get a weekly email summary of your progress with missing and upcoming work, class announcements, and more.

If you don't want to receive emails from Classroom, you can unsubscribe.

Google

Guardians Summaries- Examples

Other than Academics

Atal Innovations

Visual Arts

Chess

Reading Months

Jazz

Club Days

Yoga

Manas and workshops

Theatre

Work Education

Virtual tours

MUN

Indian Vocal

Physical Education

Cultural Fest

Work Education

Middle School Counsellor
Ms. Nayandeep Kaur

Screen Time - Good or Bad ?

"Screen time is an obsolete concept when screen time is all around us. It is the content we consume and the context in which we consume that affects our well being"

Dr. Michael Rich, Director of the Center Media and Child Health at Boston's Children's Hospital /Harvard Media School

Remote Learning

- An opportunity for students and teachers to remain connected and minimize the learning loss.
- Students at Sanskriti benefit from Inclusive Education where every child is valued. It is critical to respect the differences and be accommodative.
- Curriculum devised in ways that emphasize development of social-emotional intelligence in students along with academic rigour.

Developing a consistent routine

	URGENT	NOT URGENT
IMPORTANT	**1** DO FIRST	**2** DO LATER
NOT IMPORTANT	**3** DELEGATE	**4** ELIMINATE

- Schedule your day
- To do list (regular attendance of online classes + homework)
- Prioritize
- Negotiate & Set boundaries between study & relaxation time
- Be flexible - gauge the day and make changes

How to schedule your child's day?

PRIORITIZE

Step 1 : **ROCKS** - things that are important & you have to do

Step 2 : **PEBBLES** - Things you enjoy and wish to do

Step 3 : **WATER** - Little things that fill your time that don't have

to be scheduled

ROCKS, **PEBBLES** & **WATER** are all important to enjoy life,

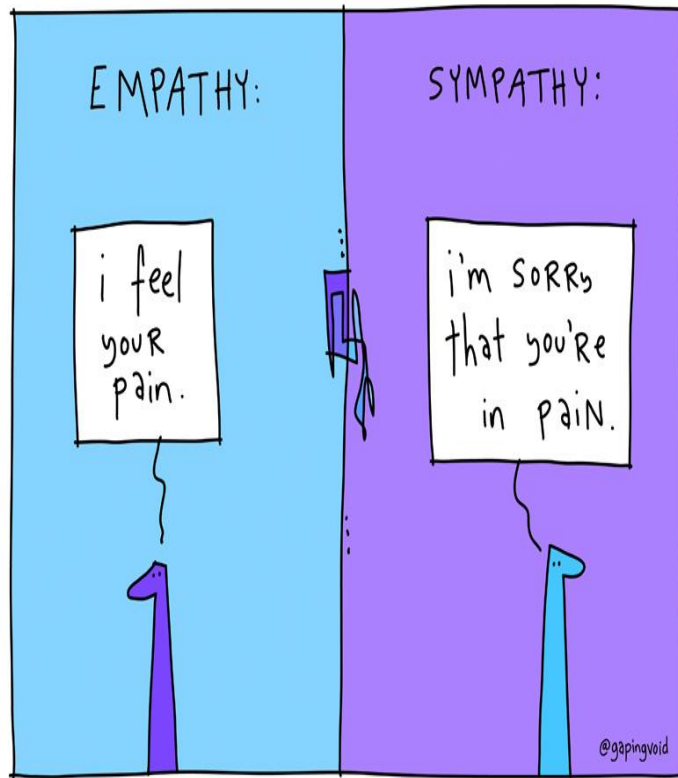to feel a sense of happiness & satisfaction.

The key is in...

How to raise a HAPPY child?

★ Allow your child to EXPRESS his/her feelings freely

★ LISTEN to your child with undivided attention

★ Help your child EXPLORE his/her interests, strengths & talents

★ Let your child make his/her OWN DECISIONS

★ Reward & CELEBRATE smallest of efforts, victories & disappointments

★ Lead by example

★ Help your child SEEK beauty in small moments

★ Teach your child GRATITUDE

★ Teach your child EMPATHY

Teaching Empathy...teaching them to co-exist

★ **See with the eyes of another**
★ **Listen with the ears of another**
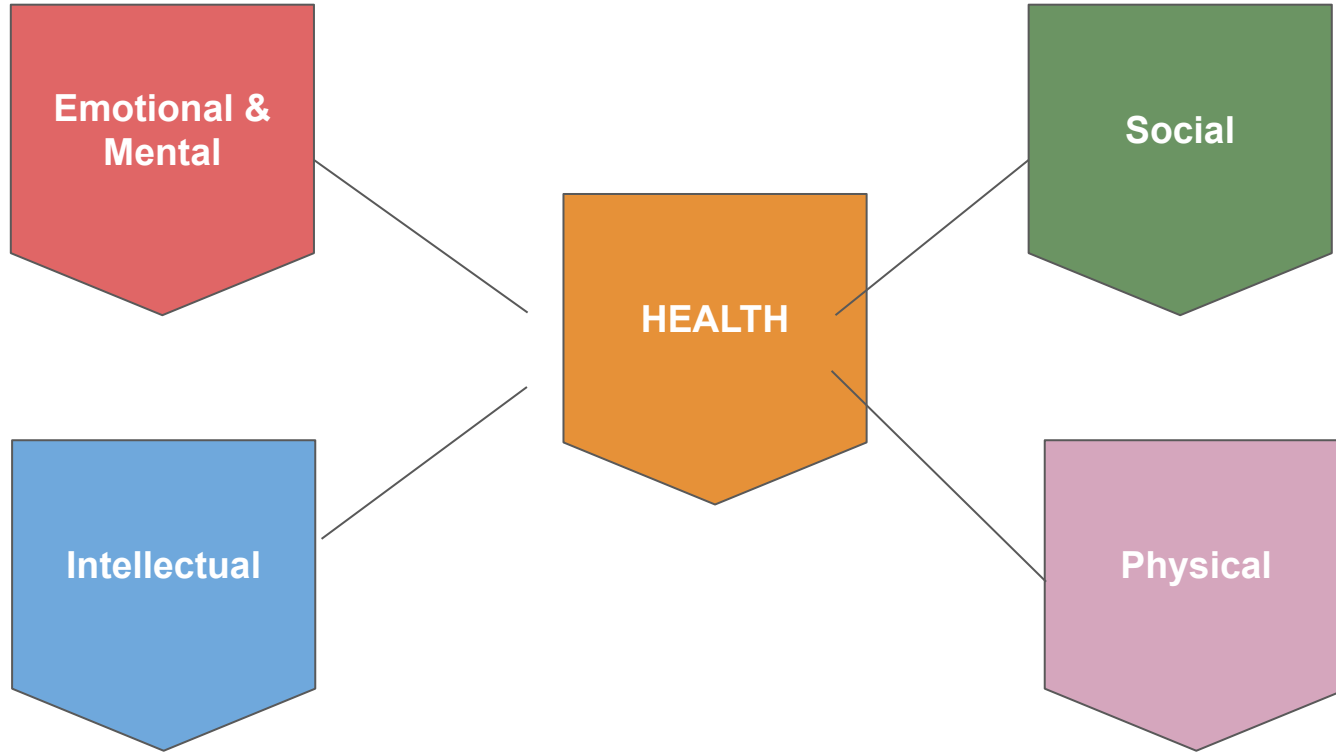★ **Feel with the heart of another**

★ Respect one another
★ Use kind words
★ Be grateful
★ Be humble
★ Give & share
★ Encourage each other

Words Matter

Creating safe spaces & ensuring holistic health

Wellness Workshops

GRADE VI
Demystifying growing up & adolescence

GRADE VII
My 'I' - Self-development

GRADE VIII
My Self - In the world

Other Wellness & Safety Workshops

- ❖ Leadership Classes

- ❖ Manas

- ❖ Cyber Safety & Digital Netiquettes

- ❖ Child Safety & POCSO

- ❖ Study & Exam Skills in the Digital World

- ❖ Mental Health Awareness

- ❖ Puberty Health Education

- ❖ Menstrual Hygiene & Care for Grade VI Girls

Parents as Co-Teachers

Facilitate your child's learning

- Provide designated space for E-learning

- Encourage child to follow class rules

- Maintain routines and minimize distractions

- Encourage regularity & punctuality

- Help them prioritize

- Observe online behaviour

- Regulate electronic use/ media consumption

- Teach digital responsibility & netiquettes

- Know your child's friends - online & offline

  Supervise but do not invade their space

"PARENTS ARE TEACHERS, AND HOME IS A CHILD'S FIRST AND MOST IMPORTANT CLASSROOM."

Warning Signs to look out for

- ➤ Disturbed sleep/ nightmares
- ➤ Aggression or anger when can't get be online
- ➤ Loss of appetite
- ➤ Bedwetting, Thumb sucking
- ➤ Meltdowns
- ➤ Socially withdrawn or sad
- ➤ Lack of interest in regular activities

- ➤ Neglect in grooming & hygiene
- ➤ Noticeable increase or decrease in device use
- ➤ Your child receives phone calls from people you do not know or makes calls to numbers that you do not recognize
- ➤ Unexplained fall in academics or missing classes/ work
- ➤ Your child changes screens or turns off computer when an adult enters a room

Important DOs

Self-Care & Mental Health for Kids

Share your own feelings to encourage self-awareness.

Find social groups that help them feel like they belong.

Focus on articulating feelings. "I am angry." "I am sad."

Set aside time for low-stress or solo activities.

Encourage journaling and diaries.

Practice self-care for yourself to set the standard.

Recognize toxic stress events.

Encourage your child to focus on the moment.

Establish a self-care routine.

BlessingManifesting

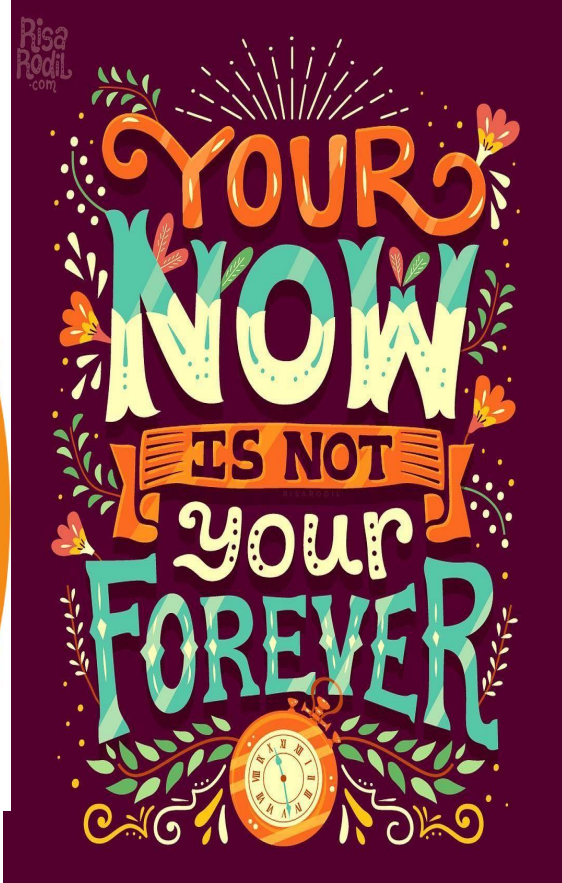Cultivate interests and hobbies.

- Empathise & motivate them. Don't let your child feel overwhelmed. Not everything is urgent.
- Talk to your children when they feel anxious. Do regular check-ins with them & see how they are coping.
- Encourage positive study behavior - Independent learners.
- Assist them when they get stuck.
- Build a routine together - adequate sleep, healthy diet, hydration & exercise.

Your Support Matters

- Don't compare with others.

- Remember to have fun with each other.

Things to Remember

- Nothing about the past has been normal.

- Everyone is exhausted and scared to varying degrees.

- Inability to do the things we were doing pre-covid is naturally upsetting.

- Feeling grief over the loss of loved ones is hugely difficult to overcome.

   Have faith, tough times shall pass.

You do not have to do it all alone

- Create a community of support & communication

- Reach out to

  ➢ Family

  ➢ Friends

  ➢ Professionals

SELF-CARE ISN'T SELFISH

Parenting During Pandemic

Class VI

VI A	Ms. Japneet Kaur	japneetkaur@sanskritischool.edu.in
VI B	Ms. Mona Singh Rekhi	monasingh@sanskritischool.edu.in
VI C	Ms. Ayesha Ahmed	ayeshaahmed@sanskritischool.edu.in
VI D	Ms. Neelima Gupta	neelimagupta@sanskritischool.edu.in
VI E	Ms. Swati Mathur	swatimathur@sanskritischool.edu.in
VI F	Ms. Puja Sharma	pujasharma@sanskritischool.edu.in
VI G	Ms. Sonali Sharma	sonalisharma@sanskritischool.edu.in
Grade Rep	Ms. Anjali Tulsiani	anjalitulsiani@sanskritischool.edu.in

SPECIAL

Ms. Rashmi Dhawan	rashmidhawan@sanskritischool.edu.in
Ms. Kavita Oza Bharti	kavitaoza@sanskritischool.edu.in
Ms. Shashi Singh	shashisingh@sanskritischool.edu.in
Ms. Shikha Chopra	shikhachopra@sanskritischool.edu.in
Ms. Prachi Sharma	prachisharm@sanskritischool.edu.in
Ms. Charlotte Thomas	charlottethomas@sanskritischool.edu.in

Need to talk to us?

We're listening…

Ms. Richa Agnihotri	principal@sanskritischool.edu.in
Ms. Abha Malik	abhamalik@sanskritischool.edu.in
Ms. Nayandeep Kaur	nayandeepkaur@sanskritischool.edu.in
Ms. Raji	middle@sanskritischool.edu.in